



**August 2019**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
19 BREAKFAST Cereal Cup - Seasonal Fruit Cup, Milk LUNCH Chicken Chow Mein Cabbage, Carrot, Celery, Green Bean, Pea, Sesame-Noodle Apple, Milk SNACK Strawberry PopTart	20 BREAKFAST Marble Breakfast Bread - Cantaloupe Fruit Cup, Milk LUNCH All Beef Hot Dog Whole Wheat Bun, Romaine Salad Cucumber, Carrot, Tomato, Ranch Dressing Orange or Watermelon, Milk SNACK Rice Krispies	21 BREAKFAST Breakfast Burrito Egg, Bacon, Cheese, Potato - Honeydew Fruit Cup, Milk LUNCH Chicken and Cheese Enchilada, Corn, "Refried" Bean, Whole Wheat Tortilla, Apple or Mixed Fruit, Milk SNACK Rice Krispies	22 BREAKFAST Bagel Ful® Cinnamon Cream Cheese Spread, Pineapple Fruit Cup, Milk LUNCH All White Meat Chicken Tenders Whole Wheat Roll Mixed Vegetable Crudités – Watermelon or Orange, Milk SNACK Whole Wheat Goldfish Crackers	23 BREAKFAST Pancakes, Syrup - Watermelon Fruit Cup, Milk LUNCH Carne Asada, Bean & Cheese Burrito Whole Wheat Tortilla Carrot, Apple or Banana, Milk SNACK Cereal Bar
26 BREAKFAST Cereal Cup - Seasonal Fruit Cup, Milk LUNCH Spaghetti and Meat Balls Marinara, Parmesan Apple, Milk SNACK Strawberry PopTart	27 BREAKFAST Bagel Ful®, Cinnamon Cream Cheese Spread, Cantaloupe Fruit Cup, Milk LUNCH Grilled Chicken Fajita Bowl Bell Pepper, Tomato, Corn, Mexican Rice, "Refried" Bean Watermelon or Orange, Milk SNACK Cheez Its	28 BREAKFAST Breakfast Burrito Egg, Bacon, Cheese, Tater Tot, Honeydew Cup, Milk LUNCH Cheeseburger Whole Wheat Bun Mixed Vegetable Crudités, Mixed Fruit or Banana, Milk SNACK Rice Krispies	29 BREAKFAST Cereal Cup – Pineapple Fruit Cup, Milk.p LUNCH Chicken Teriyaki Carrot, Pea, Cabbage, Bean Sprout, Edamame, Broccoli, Garlic Rice ,Watermelon or Orange, Milk SNACK Whole Wheat Goldfish Crackers	30 BREAKFAST Pancakes, Syrup - Watermelon Fruit Cup, Milk LUNCH Pollo Asada, Bean & Cheese Burrito Whole Wheat Tortilla Apple or Banana, Milk SNACK Cereal Bar

— WELCOME —  
**BACK TO SCHOOL**

- All grain served are whole grain rich.  
 This institution is an equal opportunity provider.

Esta institución es un proveedor que ofrece igualdad de oportunidades.