



February 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>BREAKFAST Cereal Cup - Seasonal Fruit Cup, Milk</p> <p>LUNCH Penne with Meat Sauce Parmesan on Side, Tropical Fruit Cup, Milk</p> <p>SNACK Rice Krispies</p>	<p>4</p> <p>BREAKFAST Marble Breakfast Bread - Cantaloupe Fruit Cup, Milk</p> <p>LUNCH All Beef Hot Dog Whole Wheat Bun, Broccoli, Cucumber, Orange or Watermelon, Milk</p> <p>SNACK Cheez Its</p>	<p>5</p> <p>BREAKFAST Breakfast Burrito Egg, Bacon, Cheese, Potato, Whole Wheat Tortilla, Honeydew Fruit Cup, Milk</p> <p>LUNCH Korean Beef Bowl Cabbage, Spinach, Carrot, Celery, Pea, Ginger Steamed Rice, Apple or Mixed Fruit, Milk</p> <p>SNACK Doritos</p>	<p>6</p> <p>BREAKFAST Bagel Ful® Cinnamon Cream Cheese Filling, Pineapple Fruit Cup, Milk</p> <p>LUNCH All White Meat Chicken Tenders Whole Wheat Roll Mixed Vegetable Crudités, Watermelon or Banana, Milk</p> <p>SNACK Doritos</p>	<p>7</p> <p>BREAKFAST French Toast Sticks, Syrup - Watermelon Fruit Cup, Milk</p> <p>LUNCH Bean & Cheese Burrito Whole Wheat Tortilla Carrot, Apple or Orange, Milk</p> <p>SNACK Cereal Bar</p>
<p>10</p> <p>BREAKFAST Cereal Cup - Seasonal Fruit Cup, Milk</p> <p>LUNCH Chicken Chow Mein Cabbage, Carrot, Celery, Green Bean, Peas, Sesame- Noodle, Peach Cup, Milk</p> <p>SNACK Granola Bar</p>	<p>11</p> <p>BREAKFAST Marble Breakfast Bread - Cantaloupe Fruit Cup, Milk</p> <p>LUNCH Cheeseburger Whole Wheat Bun, Mixed Vegetable Crudités, Orange or Watermelon, Milk</p> <p>SNACK Strawberry PopTart</p>	<p>12</p> <p>BREAKFAST Breakfast Burrito Egg, Bacon, Cheese, Potato - Honeydew Fruit Cup, Milk</p> <p>LUNCH French Bread Pizza, Nitrate Free Pepperoni, Cheese, Pizza Sauce, Broccoli, Cucumber, Apple or Mixed Fruit, Milk</p> <p>SNACK Cheez Its</p>	<p>13</p> <p>BREAKFAST Bagel Cream Cheese, Pineapple Fruit Cup, Milk</p> <p>LUNCH Chicken Chop Suey Cauliflower, Carrot, Celery, Edamame, Sugar Snap Pea, Fried Rice, Watermelon or Banana, Milk</p> <p>SNACK Doritos</p>	<p>14</p> 
<p>17</p> 	<p>18</p> <p>BREAKFAST Marble Breakfast Bread - Cantaloupe Fruit Cup, Milk</p> <p>LUNCH Beef Fajita Bowl Bell Pepper, Tomato, Corn, Mexican Rice, "Refried" Bean Orange or Watermelon, Milk</p> <p>SNACK Cereal Bar</p>	<p>19</p> <p>BREAKFAST Breakfast Burrito Egg, Bacon, Cheese, Potato - Honeydew Fruit Cup, Milk</p> <p>LUNCH All White Meat Chicken Tenders Whole Wheat Roll Mixed Vegetable Crudités, Ranch, Apple or Mixed Fruit, Milk</p> <p>SNACK Strawberry PopTart</p>	<p>20</p> <p>BREAKFAST Bagel Ful® Cinnamon Cream Cheese Filling, Pineapple Fruit Cup, Milk</p> <p>LUNCH All Beef Hot Dog Whole Wheat Bun, Broccoli and Carrots – Watermelon or Banana, Milk</p> <p>SNACK Doritos</p>	<p>21</p> <p>BREAKFAST Mini Pancakes, Syrup - Watermelon Fruit Cup, Milk</p> <p>LUNCH Carne Asada, Bean & Cheese Burrito Whole Wheat Tortilla Carrot, Apple or Orange, Milk</p> <p>SNACK Rice Krispies</p>
<p>24</p> <p>BREAKFAST Cereal Cup - Seasonal Fruit Cup, Milk</p> <p>LUNCH Spaghetti and Meat Balls Marinara, Parmesan on side Tropical Fruit Cup, Milk</p> <p>SNACK Whole Wheat Goldfish Crackers</p>	<p>25</p> <p>BREAKFAST Marble Breakfast Bread, Cantaloupe Fruit Cup, Milk</p> <p>LUNCH Grilled Chicken Penne Alfredo, Pea, Carrot, Tomato, Broccoli, Creamy Garlic Sauce, Parmesan on the Side Watermelon or Orange, Milk</p> <p>SNACK Cereal Bar</p>	<p>26</p> <p>BREAKFAST Burrito Egg, Bacon, Cheese, Tater Tots, Honeydew Fruit Cup, Milk</p> <p>LUNCH Real "Mac" n Cheese, Cauliflower Broccoli and Carrots, Mixed Fruit or Apple, Milk</p> <p>SNACK Doritos</p>	<p>27</p> <p>BREAKFAST Bagel Cream Cheese – Pineapple Fruit Cup, Milk</p> <p>LUNCH Chicken Teriyaki Carrot, Pea, Cabbage, Bean Sprout, Edamame, Broccoli, Garlic Rice, Watermelon or Banana, Milk</p> <p>SNACK Strawberry PopTart</p>	<p>28</p> <p>BREAKFAST French Toast Sticks, Syrup - Watermelon Fruit Cup, Milk</p> <p>LUNCH Bean & Cheese Burrito Whole Wheat Tortilla Carrots, Apple or Orange, Milk</p> <p>SNACK Cheez Its</p>

- All grain served are whole grain rich.
This institution is an equal opportunity provider.

Esta institución es un proveedor que ofrece igualdad de oportunidades.