

Children's Mental Health Access Coordination

WE'RE HERE TO HELP YOU NAVIGATE THE MENTAL HEALTH SYSTEM IN ORANGE COUNTY

What We Do

As part of the Children's Mental Health Access (CMHA) collaborative, we specialize in connecting children and families with Cal Optima to mental health services through one simple phone call.

Who It's For

Anyone who contacts us will be supported through the process of linking to mental health services. If you need support in finding the right provider for you, call us!



Why It's Important

Mental and emotional health is as important as physical health and can often be overlooked. Our Access Coordination services are available to help you through this process at no cost. We can help:

- Screen for mental health needs
- Find the best provider for your child
- Problem solve through barriers to linkage
- Support you until your child is connected

There is One Door™ to Access Coordination at Western Youth Services

Call or email our access coordinators now!

Telephone 888.312.0406

gethelp@westernyouthservices.org

www.westernyouthservices.org

