

SEPTEMBER BREAKFAST 'ELEMENTARY



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<i>Labor Day</i>	*Vanilla Concha. *Cinnamon Chex Cereal w/ Honey Grahams. *Cheerios Cereal w/ Honey Grahams.	*Strawberry Yogurt Parfait w/ Cinnamon Granola. *Cinnamon Chex Cereal w/ Honey Grahams.	*Apple Jacks Cereal w/ Honey Grahams. *Blueberry Muffin.	*Cinnamon Roll. *Froot Loops Cereal w/ Honey Grahams.
9	10	11	12	13
*Froot Loops Cereal w/ Honey Grahams. *Cinnamon Crumble.	*Yogurt w/ Honey Grahams. *Cinnamon Chex Cereal w/ Honey Grahams.	*Cheerios Cereal w/ Honey Grahams. *Banana Bread.	*Sweet Potato Sunrise Muffin. *Cinnamon Chex Cereal w/ Honey Grahams.	*Conchita w/ String Cheese. *Apple Jacks Cereal w/ Honey Grahams.
16	17	18	19	20
*Vanilla Concha. *Cheerios Cereal w/ Honey Grahams.	*Mantecada Muffin. *Froot Loops Cereal w/ Honey Grahams.	*Strawberry Yogurt Parfait w/ Cinnamon Granola. *Cinnamon Chex Cereal w/ Honey Grahams.	*Chocolate Chip Muffin Top. *Apple Jacks Cereal w/ Honey Grahams.	*Cinnamon Roll. *Froot Loops Cereal w/ Honey Grahams.
23	24	25	26	27
*Froot Loops Cereal w/ Honey Grahams. *Cinnamon Crumble.	*Yogurt w/ Honey Grahams. *Cinnamon Chex Cereal w/ Honey Grahams.	*Banana Bread. *Cheerios Cereal w/ Honey Grahams.	*Sweet Potato Sunrise Muffin. *Cinnamon Chex Cereal w/ Honey Grahams.	*Conchita w/ String Cheese. *Apple Jacks Cereal w/ Honey Grahams.
30				
<i>Staff Development Day</i>				

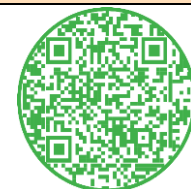
Breakfast Includes:	Featured Fruit:	RevUp Rewards:
Choice of Fat Free White Milk or 1% Low Fat White Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams	Orange (1/2 C), Apple (1/2 C), 100% Fruit Juice 4 oz, Pear (1/2 C), Apple Slices (1/2 C), Banana (1/2 C), Dried Cranberries (1/2 C)	Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards



SEPTEMBER LUNCH ELEMENTARY



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Labor Day	*Cheeseburger w/ Oven Baked Fries. *Chicken Patty Burger w/ Oven Baked Fries. Vegetarian: Cheese Lasagna w/ Marinara	* Sesame Beef Bowl w/ Broccoli. *Bean & Cheese Pupusa w/ Curtido Salad. *Chicken Salad Sandwich. Vegetarian: Edamame Teriyaki Bowl w/ Rice & Diced Carrots	*Turkey Nachos w/ Refried Beans & Poptillas. *Chicken Tamale w/ Pinto Beans. Vegetarian: Bean Burrito Bowl w/ Rice & Corn	*Pepperoni Pizza *Egg Salad Sandwich Vegetarian: Bean Burrito Bowl w/ Rice & Corn
9	10	11	12	13
*Hamburger w/ Oven Baked Fries. *Hot Dog w/ Oven Baked Fries. Vegetarian: Edamame Teriyaki Bowl w/ Rice & Diced Carrots.	*Penne & Meatsauce w/ Diced Carrots. *Italian Turkey Trio on Cheesy Focaccia. Vegetarian: Bean Burrito Bowl w/ Rice & Corn.	*Teriyaki Chicken w/ Yakisoba Noodles & Diced Carrots. *Mexican Chicken Salad w/ Romaine Lettuce & Poptillas. Vegetarian: Marinara Pasta w/ PlantBorn Crumble & Broccoli.	*Queso Blanco Chicken Bowl w/ Rice & Pinto Beans. *BBQ Chicken w/ Baked Beans & Dinner Roll. Vegetarian: Taco Bowl w/ PlantBorn Crumble, Rice & Corn	*Beef, Bean & Cheese Burrito. *Wowbutter (Soybutter) & Jelly Sandwich. Vegetarian: Bean Burrito Bowl w/ Rice & Corn
16	17	18	19	20
*Chicken Patty Burger w/ Oven Baked Fries. *Cheeseburger w/ Oven Baked Fries. Vegetarian: Taco Bowl w/ PlantBorn Crumble, Rice & Corn.	*Mac & Cheese w/ Peas. *Turkey & Cheese Sub Sandwich w/ Baby Carrots. Vegetarian: Marinara Pasta w/ PlantBorn Crumble & Broccoli	*Orange Chicken & Not So Fried Rice w/ Diced Carrots. *Bean & Cheese Pupusa w/ Curtido Salad. Vegetarian: Edamame Teriyaki Bowl w/ Rice & Diced Carrots	*Chicken Tamale w/ Pinto Beans. *Turkey & Cheese Cracker Kit w/ Roasted Fava Beans. Vegetarian: Bean Burrito Bowl w/ Rice & Corn	*Pepperoni Pizza *Bean & Cheese Burrito Vegetarian: Bean Burrito Bowl w/ Rice & Corn
23	24	25	26	27
*Hot Dog w/ Oven Baked Fries. *Hamburger w/ Oven Baked Fries. Vegetarian: Edamame Teriyaki Bowl w/ Rice & Diced Carrots.	*Chicken Bites w/ Mashed Potatoes. *Cheese Tamale w/ Black Beans. Vegetarian: Bean Burrito Bowl w/ Rice & Corn	*Mexican Chicken Salad w/ Romaine Lettuce & Poptillas. *Teriyaki Chicken w/ Yakisoba Noodles & Diced Carrots. Vegetarian: Marinara Pasta w/ PlantBorn Crumble & Broccoli	*BBQ Chicken w/ Baked Beans & Dinner Roll. * Southwest Chicken Salad w/ WG Dinner Roll. Vegetarian: Taco Bowl w/ PlantBorn Crumble, Rice & Corn.	*Beef, Bean & Cheese Burrito *Wowbutter (Soybutter) & Jelly Sandwich Vegetarian: Bean Burrito Bowl w/ Rice & Corn
30				
Staff Development Day				
Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:	
Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance	Tuesday:Baby Carrots (1/4 C),Side of Oven Baked Fries (1/2 C),Baby Carrots (1/2 C) Monday:Baby Carrots (1/4 C),Side of Oven Baked Fries (1/2 C) Wednesday:Roasted Chickpeas Thursday:Cucumber Slices (1/4 C) w/ Tajin	100% Fruit Juice 4 oz,Grapes (1/2 C),Banana (1/2 C),Plum (1/2 C)	Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	



SEPTEMBER BREAKFAST MIDDLE SCHOOL



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<i>Labor Day</i>	~Vanilla Concha ~Cinnamon Chex Cereal w/ Honey Grahams ~Cheerios Cereal w/ Honey Grahams	~Strawberry Yogurt Parfait w/ Cinnamon Granola ~Cinnamon Chex Cereal w/ Honey Grahams	~Apple Jacks Cereal w/ Honey Grahams ~Blueberry Muffin	~Cinnamon Roll ~Froot Loops Cereal w/ Honey Grahams
9	10	11	12	13
~Cinnamon Crumble ~Froot Loops Cereal w/ Honey Grahams	~Yogurt w/ Honey Grahams ~Cinnamon Chex Cereal w/ Honey Grahams	~Banana Bread ~Cheerios Cereal w/ Honey Grahams	~Sweet Potato Sunrise Muffin ~Cinnamon Chex Cereal w/ Honey Grahams	~Conchita w/ String Cheese ~Apple Jacks Cereal w/ Honey Grahams
16	17	18	19	20
~Vanilla Concha ~Cheerios Cereal w/ Honey Grahams	~Mantecada Muffin ~Froot Loops Cereal w/ Honey Grahams	~Strawberry Yogurt Parfait w/ Cinnamon Granola ~Cinnamon Chex Cereal w/ Honey Grahams	~Chocolate Chip Muffin Top ~Apple Jacks Cereal w/ Honey Grahams	~Cinnamon Roll ~Froot Loops Cereal w/ Honey Grahams
23	24	25	26	27
~Cinnamon Crumble ~Froot Loops Cereal w/ Honey Grahams	~Yogurt w/ Honey Grahams ~Cinnamon Chex Cereal w/ Honey Grahams	~Banana Bread ~Cheerios Cereal w/ Honey Grahams	~Sweet Potato Sunrise Muffin ~Cinnamon Chex Cereal w/ Honey Grahams	~Conchita w/ String Cheese ~Apple Jacks Cereal w/ Honey Grahams
30				
<i>Staff Development Day</i>				
Breakfast Includes:	Featured Fruit:	RevUp Rewards:		
Choice of Fat Free White Milk or 1% Low Fat White Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams	Orange (1/2 C), Apple (1/2 C), 100% Fruit Juice 4 oz, Pear (1/2 C), Apple Slices (1/2 C), Banana (1/2 C), Dried Cranberries (1/2 C)	Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards		



SEPTEMBER LUNCH MIDDLE SCHOOL



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<i>Labor Day</i>	~Cheeseburger w/ Oven Baked Fries ~Chicken Patty Burger w/ Oven Baked Fries ~Cheese Lasagna w/ Marinara ~Turkey & Cheese Torta Sandwich ~Marinara Pasta w/ PlantBorn Crumble & Broccoli (V)	~Bean & Cheese Pupusa w/ Curtido Salad ~Chicken Salad Sandwich w/ Baby Carrots ~PB&J Sandwich Kit (Seedbutter) w/ Baby Carrots (V) ~Sesame Beef Bowl w/ Broccoli ~Edamame Teriyaki Bowl w/ Rice & Diced Carrots	~Chicken Tamale w/ Pinto Beans ~Turkey Nachos w/ Refried Beans & Poptillas ~Veggie Chef Salad w/ Egg, Dinner Roll & Ranch ~Turkey & Cheese Cracker Kit w/ Roasted Fava Beans ~Bean Burrito Bowl w/ Rice & Corn (V)	~Pepperoni Pizza ~Egg Salad Sandwich ~Bean & Cheese Burrito (V) ~Beef & Cheese Taco Stick
9	10	11	12	13
~Hamburger w/ Oven Baked Fries ~Hot Dog w/ Oven Baked Fries ~Sunflower Seeds w/ String Cheese & Baby Carrots ~Turkey & Cheese Knot Sandwich w/ Oven Baked Fries ~Soy Veggie Burger w/ Roasted Potatoes (V) ~Edamame Teriyaki Bowl w/ Rice & Diced Carrots	~Chicken Bites w/ Mashed Potatoes ~Italian Turkey Trio on Cheesy Focaccia w/ Baby Carrots ~Cheese Pizza Kit ~Penne & Meatsauce w/ Diced Carrots ~Cheese Tamale w/ Black Beans ~Bean Burrito Bowl w/ Rice & Corn (V)	~Beef Birria Tacos w/ Tajin Corn ~Teriyaki Chicken w/ Yakisoba Noodles & Diced Carrots ~Mexican Chicken Salad w/ Romaine Lettuce & Poptillas ~Turkey & Cheese Cracker Kit w/ Baby Carrots ~Marinara Pasta w/ PlantBorn Crumble & Broccoli (V)	~BBQ Chicken w/ Baked Beans & Dinner Roll ~Queso Blanco Chicken Bowl w/ Rice & Pinto Beans ~Southwest Chicken Salad w/ WG Dinner Roll ~Bean & Cheese Pizza Kit ~Taco Bowl w/ PlantBorn Crumble, Rice & Corn (V)	~Beef, Bean & Cheese Burrito ~Cheese Pizza ~Bean Burrito Bowl w/ Rice & Corn (V)
16	17	18	19	20
~Cheeseburger w/ Oven Baked Fries ~Chicken Patty Burger w/ Oven Baked Fries ~Turkey & Cheese Torta Sandwich ~Soy Veggie Burger w/ Roasted Potatoes (V)	~Breakfast for Lunch: Egg Scramble w/ Roasted Potatoes & Pancakes ~Cheese Lasagna w/ Marinara ~Marinara Pasta w/ PlantBorn Crumble & Broccoli (V)	~Bean & Cheese Pupusa w/ Curtido Salad ~Chicken Salad Sandwich w/ Baby Carrots ~Orange Chicken & Not So Fried Rice w/ Diced Carrots ~Chicken Caesar Salad with Dinner Roll & Croutons ~Edamame Teriyaki Bowl w/ Rice & Diced Carrots (V)	~Chicken Tamale w/ Pinto Beans ~Turkey Nachos w/ Refried Beans & Poptillas ~Veggie Chef Salad w/ Egg, Dinner Roll & Ranch ~Turkey & Cheese Cracker Kit w/ Roasted Fava Beans ~Bean Burrito Bowl w/ Rice & Corn (V)	~Pepperoni Pizza ~Grilled Cheese Sandwich ~Bean & Cheese Burrito (V)
23	24	25	26	27
~Hamburger w/ Oven Baked Fries ~Hot Dog w/ Oven Baked Fries ~Turkey & Cheese Knot Sandwich w/ Oven Baked Fries ~Edamame Teriyaki Bowl w/ Rice & Diced Carrots (V)	~Chicken Bites w/ Mashed Potatoes ~Italian Turkey Trio on Cheesy Focaccia w/ Baby Carrots ~Cheese Pizza Kit ~Bean Burrito Bowl w/ Rice & Corn (V)	~Beef Birria Tacos w/ Tajin Corn ~Teriyaki Chicken w/ Yakisoba Noodles & Diced Carrots ~Mexican Chicken Salad w/ Romaine Lettuce & Poptillas ~Turkey & Cheese Cracker Kit w/ Baby Carrots ~Marinara Pasta w/ PlantBorn Crumble & Broccoli (V)	~BBQ Chicken w/ Baked Beans & Dinner Roll ~Queso Blanco Chicken Bowl w/ Rice & Pinto Beans ~Southwest Chicken Salad w/ WG Dinner Roll ~Taco Bowl w/ PlantBorn Crumble, Rice & Corn (V)	~Beef, Bean & Cheese Burrito ~Cheese Pizza ~Wowbutter (Soybutter) & Jelly Sandwich(V)
30				
<i>Staff Development Day</i>				
Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:	
Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance	Tuesday:Baby Carrots (1/4 C),Side of Oven Baked Fries (1/2 C),Baby Carrots (1/2 C) Monday:Baby Carrots (1/4 C),Side of Oven Baked Fries (1/2 C) Wednesday:Roasted Chickpeas Thursday:Cucumber Slices (1/4 C) w/Tajin	100% Fruit Juice 4 oz,Grapes (1/2C),Banana (1/2 C),Plum (1/2 C)	Scan Our QR Code Daily Rate the Meal You Ate You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	